Mock Interview FAQs

How will I benefit from a mock interview?
Interviews are an extremely critical part of the hiring process. Much of the hiring decision happens during the interview and the only way to become a stronger interviewer is to practice! Mock interviews, therefore, provide a “dress rehearsal” for you to polish your interviewing skills. They are designed to help you:
• Evaluate and improve your interviewing style.
• Reduce anxiety and increase confidence before a professional interview.
• Obtain feedback regarding the impression you project to an interviewer.

How do I schedule a mock interview?
Stop by the front desk (157 Umrah Hall) or call The Career Center at (314) 935-5930 to schedule your appointment.

What should I to bring to my mock interview?
• An updated and revised copy of your resume.
• A job description for a position to which you are applying or one that is of interest. To find internship or job descriptions, search eRecruiting, organizations’ Web sites and job databases (i.e., idealist.org, collegegrad.com, usajobs.opm.gov, careerbuilder.com, monster.com, etc.).

***For feedback on your resume, or if you need help with your job description before your mock interview, visit The Career Center during Quick Questions (Monday-Friday, 12-5 p.m.).

How should I prepare?
• Attend Interviewing Skills Workshop – Prepare your 30 second commercial!
• Dress professionally
• Arrive on time for your scheduled appointment
• Read the Interviewing Skills handout
• Review your job description and practice your answers to sample questions

How will I be evaluated?
Your interviewer will evaluate your professional appearance, nonverbal communication, attitude, ability to answer questions effectively and use of examples to highlight relevant skills.

What are the scheduling policies I should be aware of?
If you need to reschedule your appointment, contact The Career Center 24 hours in advance.

What have students said about the mock interview experience?
It really helped me prepare for my job interview. I didn’t realize how important it was to ask insightful questions at the end of the interview. My questions helped me to gain a better understanding of the employer’s needs and to confirm my interest in the position. - Sarah, ’06

During my internship interview, the interviewer asked many of the same questions I answered at my mock interview. My advisor’s tips helped me to land my internship! - John, ’07

Thanks for encouraging me to do a mock interview. To be honest, initially I didn’t want to do it. I’ve interviewed for part time jobs in the past and I did OK. The mock interview helped to feel more confident and tailor my responses. I learned a lot. I guess you don’t know what you don’t know. - Lisa, ’05